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Nicole A. Short, Ph.D.**Personal Information**

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Education

<u>Institution and Location</u>	<u>Degree/Program</u>	<u>Year</u>	<u>Degree/Focus</u>
Florida State University Tallahassee, FL	PhD	2019	Clinical Psychology
Dissertation Title: <i>A Randomized Clinical Trial of Brief Behavioral Treatment for Insomnia to Reduce Substance Use Disorder Risk</i>			
Major Professor: Norman B. Schmidt, Ph.D.			

Charleston Consortium Medical University of South Carolina & Ralph H. Johnson VA Medical Center Charleston, SC	Doctoral Internship	2019	Adult Psychopathology
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Florida State University Tallahassee, FL	MS	2016	Clinical Psychology
Thesis Title: <i>Sleep Disturbances, Emotion Dysregulation, and Posttraumatic Stress: An Ecological Momentary Assessment Study</i>			
Major Professor: Norman B. Schmidt, Ph.D.			

University of California Berkeley, CA	BA	2011	Psychology
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Licensure

Licensed Psychologist, North Carolina, May 2021 (License number: PY5901)
 PSYPACT License, August, 2022
 Licensed Psychologist, Nevada, December, 2022 (License number: PY1100)

Professional Experience – Employment History

2022-	Assistant Professor, Department of Psychology, University of Nevada, Las Vegas, NV
2019-2022	Assistant Professor, Institute for Trauma Recovery, Department of Anesthesiology, University of North Carolina at Chapel Hill, NC

Professional Memberships

2015 – Present	American Academy of Sleep Medicine
2013 – Present	Anxiety and Depression Association of America
2013 – Present	International Society for Traumatic Stress Studies
2013 – Present	Association of Behavioral and Cognitive Therapies

Honors and Awards

2023	Fellow, NIH Summer Institute on Randomized Behavioral Clinical Trials, July 12-23, Potomac, MD
2023	UNLV-UNR Extension Advancing our powerful partnerships to address critical issues facing Clark County proposal: <i>Assessment to determine interventions needed for families affected by domestic violence</i> (\$75,000 with Co-I Pamela Payne, PhD)
2020	UNC Injury Prevention Research Center Exploratory Research Project Program (\$8,000 with co-PI Anna Austin, PhD)
2020	UNC Sleep Innovative Research Grant (\$10,000)
2020	American Psychological Foundation (APF) 2020 Trauma Psychology Grant (\$5,000)
2019	UNC Junior Faculty Development Award (\$10,000)
2018	P.E.O. Scholar Award (\$15,000)
2017	American Psychological Association Dissertation Research Award
2017	Florida State University's Ermine M. Owenby, Jr. Travel Award
2017	Florida State University's Russell and Eugenia Morcom Graduate Research Day Excellence Award, Best Oral Presentation, 2nd Place
2017	Florida State University Dissertation Research Grant
2017	Anxiety and Depression Association of America (ADAA) Alies Muskin Career Development Leadership Program (CLDP) – Clinical Research Track
2013-2018	Florida State University Graduate Research Development Award
2013	Certificate of Special Recognition: Excellence in Innovation, Domiciliary Service, VA Palo Alto Health Care System

Grants*Current*

TITLE: Development of a digital therapeutic targeting anxiety sensitivity to reduce PTSD-SUD in women presenting for emergency care after sexual assault

Grant Type (or Number):	K23 DA054299-01A1
Total Grant Amount:	\$795,945.00
Funding Agency:	NIH (NIDA)
Grant Period:	2023-2028
Grant Status:	Awarded
Principal Investigator:	Nicole A. Short (75% effort)

TITLE: A Randomized Controlled Trial of an Online Intervention to Prevent the Development of Chronic Pain in Sexual Assault Survivors

Grant Type (or Number):	Foundation
Grant Amount:	\$165,236.80
Funding Agency:	MayDay Fund
Grant Status:	Awarded
Principal Investigator:	Nicole A. Short (0% effort)

Completed

TITLE: Biobehavioral mechanisms underlying improving sleep to reduce substance use disorder risk

Grant Type (or Number): F31DA044689-01
 Total Grant Amount: \$70,924.00
 Funding Agency: NIH (NIDA)
 Grant Period: 2017-2018
 Grant Status: COMPLETED
 Principal Investigator: Nicole A. Short (100% effort)
 Sponsor: Norman B. Schmidt

Bibliography

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Books and Chapters

1. Christensen K, Klaver E, **Short NA**. Insomnia in Eating Disorders. In: Preedy V and Patel V, eds., *Eating Disorders*. Cham: Springer Nature Switzerland AG; in press.
2. Schmidt NB, **Short NA**, Stanley I, Allan NP, Albanese BJ. Anxiety Sensitivity. In: Olatunji B, ed. *The Cambridge Handbook of Anxiety and Related Disorders*. Cambridge: Cambridge University Press; 2019.
3. Uhde TW, **Short NA**, Cortese BM. Anxiety and Insomnia. In: Simon N, ed. *The American Psychiatric Association Textbook of Anxiety, Trauma, and OCD Related Disorders*. 2019:25.

Refereed Papers/Articles

Original Research (in reverse chronological order)

1. Austin, A. E., Shanahan, M. E., Frank, M., McNaughton Reyes, L., Ammerman, A., & **Short, N. A.** (in press). State expansion of Supplemental Nutrition Assistance Program eligibility and rates of interpersonal violence. *Preventive Medicine*.
2. **Short, N. A.**, Brady, M., Lechner, M., Serrano, K., & McLean, S. A. (in press). Acceptability of a Smartphone-Based Intervention Targeting Anxiety Sensitivity among Women Receiving Emergency Care after Sexual Assault: A Pilot Uncontrolled Trial. *Journal of Traumatic Stress*.
3. Schmidt, N. B., Capron, D., Raines, A. M., Albanese, B., **Short, N. A.**, Mathes, B. M., Morabito, D. M., Saulnier, K., & Allan, N. (in press). Evaluating the long-term (three year) durability of brief interventions targeting risk factors for psychopathology. *Journal of Anxiety Disorders*.
4. **Short NA**, Austin AE, Naumann RB. Bidirectional associations between insomnia symptoms and prescription opioid and benzodiazepine misuse in a nationally representative sample. *Addict Behav*. In press.
5. **Short NA**, van Rooij SJH, Murty VP, Stevens, JS, An X, Ji Y, McLean SA, House SL, Beaudoin FL, Beaudoin FL, Zeng D, Neylan TC, Clifford GD, Linnstaedt SD, Germine LT, Bollen KA, Rauch SL, Haran JP, Lewandowski C...Jovanovic T. Anxiety sensitivity as a transdiagnostic risk factor for trajectories of adverse posttraumatic neuropsychiatric sequelae in the AURORA study. *J Psych Res*. In press.

6. **Short NA**, Evans MK, Raudales AM, Shapiro MO, Weiss NH, Schmidt NB. Anxiety sensitivity and cannabis use motives among trauma-exposed young adult cannabis users. *Am J Addict*. In press.
7. Shapiro MO, **Short NA**, Raines AM, Franklin CL, Constans JI. Pain and posttraumatic stress: Associations among women Veterans with a history of military sexual trauma. *Psychol Trauma: Theory Res Pract Policy*. In press.
8. Shapiro MO, Thompson JS, **Short NA**, Schmidt NB. Uncertainty after sexual assault: Understanding associations between IU and PTSD within a treatment-seeking sample. *Curr Psychol*. In press.
9. **Short NA**, Austin AE, Wolfson A, Rojo-Wissar DM, Munro CA, Eaton WW, Bienvenu OJ, Spira AP. The association between traumatic life events and sleep disturbance among men and women: Results from the Baltimore Epidemiologic Catchment Area follow-up study. *Sleep Health*. In press.
10. Austin AE, Naumann RB, **Short NA**. Associations of Medicaid expansion with suicide deaths among nonelderly adults. *Am J Epidemiol*. In press.
11. **Short NA**, Tungate AT, Bollen K, Sullivan J, D'Anza T, Lechner M, Bell K, Black J, Buchanan J, Reese R, Ho J, Reed G, Platt M, Riviello R, Rossi C, Martin SL, Liberzon I, Rauch SAM, Kessler RC, Nugent N, McLean SA. Pain is common after sexual assault and posttraumatic arousal/reactivity symptoms mediate the development of new or worsening persistent pain. *PAIN*. In press.
12. **Short NA**, Zvolensky MJ, Schmidt NB. A pilot randomized clinical trial of Brief Behavioral Treatment for Insomnia to reduce problematic cannabis use among trauma-exposed young adults. *J Subst Abuse Treat*. In press.
13. Christensen KA, **Short NA**. The case for investigating a bidirectional association between insomnia and eating pathology. *Int J Eat Disord*. In press.
14. Gilmore AK, McKee G, Flanagan J, Leone R, Oesterle D, Kirby C, **Short NA**, Gill-Hopple K. Medications at the emergency department after recent rape. *J Interpers Violence*. In press.
15. Lechner M, Bell K, **Short NA**, Martin SL, Black J, Buchanan JA, Reese R, Ho JD, Reed GD, Platt M, Riviello R, Rossi C, Nouhan P, Phillips C, Bollen KA, McLean SA. The vast majority of women sexual assault survivors report that Sexual Assault Nurse Examiners (SANEs) provide high quality care: results of a large multisite prospective study. *J Emerg Nurs*. In press.
16. Margolies SO, Patidar SM, Chidgey BA, Goetzinger A, Sanford JB, **Short NA**. Growth in crisis: A mixed methods study of lessons from our patients with chronic pain during the COVID-19 pandemic. *Journal of Contextual and Behavioral Science*. In press.
17. **Short NA**, Uhde TW, Paquet C, Milanak M, Rheingold AA, Wilkerson A. An investigation of the rate and predictors of initiating and attending group cognitive behavioral therapy for insomnia after referral. *Cogn Behav Pract*. In press.
18. **Short NA**, Lechner M, McLean BS, Tungate A, Black J, Buchanan J, Reese R, Ho J, Reed G, Platt M, Riviello R, Rossi C, Nouhan P, Phillips C, Martin SL, Liberzon I, Rauch SAM, Bollen K,

Kessler RC, McLean SA. Health care utilization by women sexual assault survivors after emergency care: results of a multisite prospective study. *Depress Anxiety*. In press.

19. **Short NA**, Lechner M, Bell K, Black J, Buchanan J, Ho J, Reed G, Corzine A, Riviello R, Martin SL, Liberzon I, Rauch SAM, McLean SA. Anxiety sensitivity prospectively predicts increased acute posttraumatic stress and related symptoms after sexual assault. *J Trauma Stress*. In press.
20. Austin AE, **Short NA**. Sexual violence, mental health, and prescription opioid use and misuse. *Am J Prev Med*. 2020;59(6):818-827.
21. Oglesby ME, **Short NA**, Morabito D, Schmidt NB. Prospective associations between intolerance of uncertainty and psychopathology. *Pers Individ Diff*. In press.
22. **Short NA**, Allan NP, Saulnier K, Preston TJ, Joiner TE, Schmidt NB. Factor mixture modeling of the Insomnia Severity Index in psychiatric outpatients. *J Psychopathol Behav Assess*. In press.
23. **Short NA**, Morabito DM, Gilmore AK. Secondary prevention for posttraumatic stress and related symptoms among women who experienced recent sexual assault: a systematic review and meta-analysis. *Depress Anxiety*. In press.
24. Weiss NH, Contractor AA, Raudales AM, Greene T, **Short NA**. Extending our understanding of the association between posttraumatic stress disorder and positive emotion dysregulation: A network analysis approach. *J Anxiety Disord*. In press.
25. Raudales AM, Weiss NH, Schmidt NB, **Short NA**. The role of emotion dysregulation in negative affect reactivity to a trauma cue: differential associations through elicited posttraumatic stress disorder symptoms. *J Affect Disorders*. 2020;267:203-210.
26. **Short NA**, Boffa JW, Wissemann K, Schmidt NB. Insomnia symptoms predict the development of posttraumatic stress symptoms following an experimental trauma. *J Sleep Res*. 2020;29(1):e12909.
27. **Short NA**, Schmidt NB. Development and randomized clinical trial of a novel transdiagnostic treatment for insomnia and anxiety. *Behav Ther*. 2020;51(4):149-161.
28. **Short NA**, Sullivan J, Soward A, et al. Protocol for the first large-scale emergency care-based longitudinal cohort study of recovery after sexual assault: the Women's Health Study. *BMJ Open*. 2019;9(11):e031087.
29. **Short NA**, Stentz L, Raines AM, Boffa JW, Schmidt NB. Intervening on thwarted belongingness and perceived burdensomeness to reduce suicidality among veterans: A randomized controlled trial. *Behav Ther*. 2019;50(5):886-897.
30. Raudales AM, **Short NA**, Schmidt NB. Emotion dysregulation as a prospective predictor of suicidal ideation in an at-risk mixed clinical sample. *Arch Suicide Res*. 2019;24(2):S310-322.
31. **Short NA**, Allan NP, Oglesby ME, Moradi S, Schmidt NB, Stecker T. Prospective associations between insomnia symptoms and alcohol use problems among former and current military service personnel. *Drug Alcohol Depend*. 2019;199:35-41.

32. Raudales AM, **Short NA**, Schmidt NB. Emotion dysregulation mediates the relationship between trauma type and PTSD symptoms in a diverse trauma-exposed clinical sample. *Pers Individ Differ*. 2019;139:28-33.
33. Rogers AH, **Short NA**, Robles Z, et al. Identifying the role of sociodemographic factors in major depressive disorder and suicidality among Spanish-speaking Latino patients in a Federally Qualified Health Center. *Cogn Behav Therapy*. 2018;47(5):397-411.
34. **Short NA**, Boffa JW, Clancy K, Schmidt NB. An ecological momentary assessment study of the effects of emotion regulation strategy use in response to stressors on PTSD symptoms. *J Affec Disorders*. 2018;230:77-83.
35. **Short NA**, Schmidt NB. A multimethod examination of the effect of insomnia symptoms on anxious responding to a social stressor. *Behav Ther*. 2018;49(3):323-330.
36. **Short NA**, Allan NP, Stentz L, Portero AK, Schmidt NB. Predictors of insomnia symptoms and nightmares among individuals with PTSD: An ecological momentary assessment study. *J Sleep Res*. 2018;27(1):64-72.
37. Boffa JW, **Short NA**, Stentz LA, Gibby BA, Schmidt NB. Distress tolerance as a mechanism in PTSD treatment: Evidence of mediation in an outpatient treatment sample. *Psychiat Res*. 2018;267:400-408.
38. **Short NA**, Boffa JW, King S, Albanese BJ, Allan NP, Schmidt NB. A randomized clinical trial examining the effects of an anxiety sensitivity intervention on insomnia symptoms: Replication and extension. *Behav Res Ther*. 2017;99:108-116.
39. Ennis CR, **Short NA**, Smith CE, Joiner TE, Taylor J. A preliminary investigation of the role of sleep disturbances in non-suicidal self-injury. *Compr Psychiat*. 2017;76:104-112.
40. Albanese BJ, Macatee RJ, Allan NP, **Short NA**, Norr AM, Schmidt NB. Interactive effects of Anxiety Sensitivity and Attentional Control on Post-traumatic Stress in Community and Clinical Populations. *Psychiatry*. 2017;41(6):902-910.
41. Reitzel LR, **Short NA**, Schmidt NB, et al. Distress tolerance links sleep problems with stress & health in homeless. *Am J Health Behav*. 2017;41(6):760-774.
42. **Short NA**, Allan NP, Schmidt NB. Sleep disturbance as a predictor of affective functioning and symptom severity among individuals with PTSD: An ecological momentary assessment study. *Behav Res and Ther*. 2017;97:146-153.
43. Raines AM, Chavarria J, Allan NP, **Short NA**, Schmidt NB. Hoarding and alcohol use: The mediating role of emotion dysregulation. *Subst Use Misuse*. 2017;52(13):1684-1691.
44. **Short NA**, Boffa JW, Norr AM, Albanese BJ, Allan NP, Schmidt NB. A randomized clinical trial investigating the direct and indirect effects of an anxiety sensitivity intervention on posttraumatic stress symptoms: A replication and extension. *J Trauma Stress*. 2017;30(3):296-303.
45. Mathes BM, Oglesby ME, **Short NA**, Portero AK, Raines AM, Schmidt NB. An examination of the role of intolerance of distress and uncertainty in hoarding symptoms. *Compr Psychiat*. 2017;72:121-129.

46. **Short NA**, Fuller K, Norr AM, Schmidt NB. Acceptability of a brief computer-based intervention targeting anxiety sensitivity cognitive concerns. *Cogn Behav Therapy*. 2017;46(3):250-274.
47. Oglesby ME, Gibby BA, Mathes BM, **Short NA**, Schmidt NB. Intolerance of uncertainty and post-traumatic stress symptoms: an investigation within a treatment seeking trauma-exposed sample. *Compr Psychiat*. 2017;72:34-40.
48. Raines AM, **Short NA**, Fuller KL, Allan NP, Oglesby ME, Schmidt NB. Hoarding and depression: The mediating role of perceived burdensomeness. *J Psychiat Res*. 2016;83:24-28.
49. Oglesby ME, Allan NP, **Short NA**, Raines AM, Schmidt NB. Factor mixture modeling of the intolerance of uncertainty scale-short form. *Psychol Assessment*. 2017;29(4):435-445.
50. **Short NA**, Mathes BM, Gibby B, Oglesby ME, Zvolensky MJ, Schmidt NB. Insomnia symptoms as a risk factor for cessation failure following smoking cessation treatment. *Addict Res Theory*. 2017;25(1):17-23.
51. **Short NA**, Norr AM, Mathes BM, Oglesby ME, Schmidt NB. An examination of the specific associations between facets of emotion dysregulation and posttraumatic stress symptom clusters. *Cognitive Ther Res*. 2016;40(6):783-791.
52. Raines AM, Oglesby ME, Allan NP, **Short NA**, Schmidt NB. Understanding DSM-5 Hoarding Disorder: A triple vulnerability model of hoarding. *Psychiatry*. 2016;79(2):120-129.
53. Boffa JW, Norr AM, Raines AM, Albanese BJ, **Short NA**, Schmidt NB. Anxiety sensitivity prospectively predicts posttraumatic stress symptoms following a campus shooting. *Behav Ther*. 2016;47(3):367-376.
54. Oglesby ME, Boffa JW, **Short NA**, Raines AM, Schmidt NB. Intolerance of uncertainty as a predictor of post-traumatic stress symptoms following a traumatic event. *J Anxiety Disord*. 2016;41:82-87.
55. Oglesby ME, Capron DW, Raines AM, **Short NA**, Schmidt NB. Interpretation bias for uncertain threat: A replication and extension. *J Behav Ther Exp Psy*. 2016;51:35-42.
56. Allan NP, Oglesby ME, **Short NA**, Schmidt NB. Examining the panic attack specifier in social anxiety disorder. *Cogn Behav Therapy*. 2016;45(3):177-181.
57. Norr AM, Albanese BJ, Boffa JW, **Short NA**, Schmidt NB. The relationship between gender and PTSD symptoms: Anxiety sensitivity as a mechanism. *Pers Individ Differ*. 2016;90:210-213.
58. **Short NA**, Babson KA, Schmidt NB, Knight CB, Johnson J, Bonn-Miller MO. Sleep and affective functioning: Examining the association between sleep quality and distress tolerance among veterans. *Pers Individ Differ*. 2016;90:247-253.
59. **Short NA**, Ennis CR, Oglesby ME, Boffa JW, Joiner TE, Schmidt NB. The mediating role of sleep disturbances in the relationship between posttraumatic stress disorder and self-injurious behavior. *J Anxiety Disord*. 2015;35:68-74.
60. Bujarski S, Galang JN, **Short NA**, et al. Cannabis use disorder treatment barriers/facilitators among veterans with PTSD. *Psychol Addict Behav*. 2015;30(1):73-81.

61. Raines AM, **Short NA**, Allan NP, Oglesby ME, Schmidt NB. Examination of a brief anxiety sensitivity intervention on suicidality among individuals with obsessive-compulsive symptoms. *Contemp Clin Trials*. 2015;45:191-195.
62. Allan NP, **Short NA**, Albanese BM, Keough M, Schmidt NB. Direct and mediating effects of an anxiety sensitivity intervention on post-traumatic stress disorder symptoms in trauma exposed individuals. *Cogn Behav Therapy*, 2015;44(6):512-524.
63. Raines AM, Allan NP, Oglesby ME, **Short NA**, Schmidt NB. Specific and general facets of hoarding: A bifactor model. *J Anxiety Disord*. 2015;34:100-106.
64. Portero AK, Durmaz D, Raines AM, **Short NA**, Schmidt NB. Cognitive processes in hoarding: The role of rumination. *Pers Individ Differ*. 2015;86:277-281.
65. Raines AM, **Short NA**, Sutton CA, Oglesby ME, Allan NP, Schmidt NB. Obsessive-compulsive symptoms and insomnia: The mediating role of anxiety sensitivity cognitive concerns. *Psychiat Res*. 2015;228(3):368-372.
66. **Short NA**, Oglesby ME, Raines AM, Zvolensky MJ, Schmidt NB. Posttraumatic stress and emotion dysregulation: Relationships with smoking to reduce negative affect and barriers to smoking cessation. *Compr Psychiat*. 2015;61:15-22.
67. Raines AM, Allan NP, Oglesby ME, **Short NA**, Schmidt NB. Examination of the relations between obsessive-compulsive symptoms and fear and distress disorder symptoms. *J Affect Disorders*. 2015;183:253-257
68. Raines AM, Portero AK, Unruh AS, **Short NA**, Schmidt NB. An initial investigation of the relationships between insomnia and hoarding severity. *J Clin Psychol*. 2015;71(7):707-714.
69. **Short NA**, Allan NP, Raines AM, Schmidt NB. The effects of an anxiety sensitivity intervention on insomnia symptoms. *Sleep Med*. 2015;16(1):152-159.
70. Raines AM, Boffa J, Allan NP, **Short NA**, Schmidt NB. Hoarding and eating pathology: The mediating role of emotion regulation. *Compr Psychiat*. 2015;57:29-35.
71. **Short NA**, Babson KA, Boden MT, Bonn-Miller MO. Sleep quality, problematic cannabis use, and posttraumatic stress symptoms among medical cannabis users. *Addict Res Theory*. 2015;23:246-252.
72. Allan NP, Albanese BJ, **Short NA**, Raines AM, Schmidt NB. Support for the general and specific bifactor model factors of anxiety sensitivity. *Pers Individ Differ*. 2015;74:78-83.
73. **Short NA**, Cronkite R, Moos R, Timko C. Men and women who attend Al-Anon: Gender differences in reasons for attendance, health status and personal functioning, and drinker characteristics. *Subst Use Misuse*. 2015;50(1):53-61.
74. **Short NA**, Raines AM, Oglesby ME, Zvolensky MJ, Schmidt NB. Insomnia and emotion dysregulation: Independent and interactive associations with posttraumatic stress symptoms among trauma-exposed smokers. *J Affect Disorders*. 2014;165:159-165.
75. Raines AM, Oglesby ME, **Short NA**, Albanese BJ, Schmidt NB. Panic attacks and hoarding disorder: An initial investigation. *Compr Psychiat*. 2014;55(6):1405-1410.

76. Boden MT, Babson KA, Vujanovic AA, **Short NA**, Bonn-Miller MO. Posttraumatic stress disorder and cannabis use characteristics among military veterans with cannabis dependence. *American J Addiction*. 2013;22:277-284.

Manuscripts under Review

Short, N. A., Shapiro, M., Smit, T., McGrew, S. J., Zvolensky, M. J., & Vujanovic, A. A. Sexual Violence and Hazardous Drinking: Exploring Associations with PTSD Symptoms and Gender among Adults with Probable PTSD. Manuscript submitted for publication.

Short NA, Patidar S, Margolies S, Goetzinger A, Chidgey B, Austin AE. Identifying Patterns of Pain, Depression, Anxiety, and Interpersonal Trauma Exposure associated with Opioid Misuse Risk: Latent Class Analysis among Patients with Chronic Pain. Revisions requested by journal.

Short NA, Allan NP, Ashrafioun L, Stecker T. Beliefs about Mental Health Treatment, Treatment Initiation, and Suicidal Behaviors among Veterans At-Risk for Suicide and Not in Treatment. Revisions requested by journal.

Short NA, Christensen KA, Smit T, Vujanovic AA, Zvolensky MJ. Sleep Quality, Coping-Oriented and Problematic Alcohol Use: Path Analysis among Individuals with Comorbid Posttraumatic Stress and Problematic Alcohol Use. Manuscript submitted for publication.

Caton L, **Short NA**, Goetzinger A, Chidgey B, Austin AE. “You don’t want [your children] to always see and know that you’re hurting”: A qualitative study on chronic pain experiences and treatment needs among parenting women. Manuscript submitted for publication.

Short NA, Rogers AH, Patidar S, Walton JL, Raines AM. Associations between pain severity, posttraumatic stress, alcohol and substance use symptoms among veterans with PTSD-SUD. Revisions requested by journal.

Oral Presentations

Invited/Professional Presentations

Short NA, Brady M, Dasema R, Lechner M, Serrano K, Witkemper K, McLean SA. Acceptability of a Brief, Mobile Phone-Based Intervention Targeting Anxiety Sensitivity among Women Sexual Assault Survivors Presenting for Emergency Care: A Pilot Uncontrolled Trial. In J. Tipsword (chair), Understanding Emotion-Related Risk Factors for PTSD and Comorbid Concerns: Roles of Emotional Vulnerabilities, Coping, and Emotion Regulation. Symposium presented at the annual meeting of the Anxiety and Depression Association of America: April, 2023, Washington, DC.

Raudales AM, Weiss NH, Contractor AA, Greene T, **Short NA**. (2020, November). Extending our understanding of the association between posttraumatic stress disorder and positive emotion dysregulation: A network analysis approach. Symposium presented at the 36th Annual Meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.

Short NA, An X, Ji Y, D’Anza T, Lechner M, Greene S, Bell K, Black J, Buchanan J, Reese R, Ho J, Reed, Tungate A, Bollen K, Martin SL, Liberzon I, Rauch SAM, Sullivan M, McLean SA. Patient-Centered Classifications of Mental and Physical Health Symptoms after Sexual Assault: Results from a Large Prospective Study. In A. Basu & S. A. McLean (chairs), Understanding Lifetime Trauma Profiles, Multidimensional Posttraumatic Sequelae, and Treatment Implications from Large Cohort US

Emergency Departments. Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies: November, 2020, Atlanta, GA.

Patidar S, **Short NA**, Goetzinger A, Margolies S, Chidgey B. Pilot feasibility and acceptability of a novel cognitive behavioral group intervention addressing comorbid pain and trauma history among chronic pain outpatients. In A. Rogers & **N. A. Short** (chairs), Improving treatment outcomes for comorbid chronic pain and posttraumatic stress: Recent translational findings. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies: November, 2020, Philadelphia, PA.

Short NA, Tungate AS, Bollen KA, Witkemper KD, Lechner M, Bell K, Black J, Buchanan J, Reese R, Reed GD, Liberzon I, Rauch SAM, Kessler RC, McLean SA. Acute stress symptoms mediate the transition from acute to persistent pain after sexual assault. In A. Rogers & **N. A. Short** (chairs), Improving treatment outcomes for comorbid chronic pain and posttraumatic stress: Recent translational findings. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies: November, 2020, Philadelphia, PA.

Short NA, Myers US, Keller SM, Wangelin BC. Do sleep disturbances interfere with the completion and effectiveness of Prolonged Exposure for PTSD? In: S Blakey (chair), Expanding impact: Addressing co-occurring and complicating factors during evidence-based treatments for PTSD. Symposium presented at: 53rd Annual Convention for the Association of Behavioral and Cognitive Therapies; November, 2019; Atlanta, GA.

Short NA, Myers US, Keller SM, Wangelin BC. Do sleep disturbances interfere with the completion and effectiveness of Prolonged Exposure for PTSD? In: P Colvonen (chair), Trauma, PTSD, and Sleep II: Examining the Relationship between Insomnia and PTSD Treatments. Symposium presented at: ISTSS 35th annual meeting; November, 2019; Boston, MA.

Short NA, Schmidt NB. Sleep quality, emotions, and emotion regulation in posttraumatic stress disorder: An ecological momentary assessment study. In: E Bernstein and E Kleiman (chairs), Emotion regulation in daily life: Understanding emotional disorders and emotional wellbeing through experience sampling and wearable monitoring. Symposium presented at: Anxiety and Depression Association of America annual meeting; April, 2019; Chicago, IL.

Short NA, Schmidt NB. Prospective associations between insomnia and worry: The mediating role of DT. In: R Cox (chair), Sleep disturbance as a transdiagnostic factor in anxiety-related processes. Symposium presented at: 52nd Annual Convention for the Association of Behavioral and Cognitive Therapies; November, 2018; Washington, DC.

Short NA, Schmidt NB. Short- and long-term bidirectional associations between insomnia symptoms and anxiety. In: AH Rogers and A Horenstein (chairs), Examining the role of anxiety in maladaptive health behaviors. Symposium presented at: 52nd Annual Convention for the Association of Behavioral and Cognitive Therapies; November, 2018; Washington, D.C.

Short NA, Woller S, Quick AD, Schmidt NB. Acceptability and efficacy of brief behavioral treatment for insomnia as a preventative intervention for CUD risk among at-risk cannabis users. In: **NA Short** (chair), Developing and testing novel treatments for comorbid anxiety and addiction. Symposium presented at: 52nd Annual Convention for the Association of Behavioral and Cognitive Therapies; November, 2018; Washington, DC.

Short NA, Schmidt NB. A multimethod examination of the effect of insomnia symptoms on anxious responding to a social stressor. In: J Nota (chair), Identifying and understanding mechanisms relating sleep, circadian rhythms, and anxiety. Symposium presented at: annual Anxiety and Depression Association of America conference; April, 2018; Washington, D.C.

Short NA, Schmidt NB. An ecological momentary assessment study of the effects of emotion regulation strategy use in response to stressors on PTSD symptoms. In: **NA Short** and JW Boffa (chairs), Translational research on emerging risk and maintenance factors for posttraumatic stress disorder. Symposium presented at: annual Association for Behavioral and Cognitive Therapies conference; November, 2017; San Diego, CA.

Schmidt NB, Raines A, **Short NA**, Albanese B. Brief, computer interventions targeting suicide risk factors in veterans: Findings from a randomized clinical trial funded by the Military Suicide Research Consortium. Paper presented at: 2017 DoD/VA Suicide Prevention Conference; August, 2-17; Denver, CO.

Schmidt NB, Raines AM, Allan N, **Short NA.** Efficacy Evaluation of a Suicide Prevention Randomized Clinical Trial Targeting Perceived Burdensomeness and Thwarted Belongingness. Paper presented at: annual meeting of the American Association of Suicidology; April, 2017; Phoenix, AZ.

Short NA, Allan NP, Schmidt NB. Daily variations in sleep quality predict increased posttraumatic stress via emotion regulation difficulties: An ecological momentary assessment study. In: **NA Short** (chair), Sleep disturbances as a transdiagnostic risk factor in affective disorders: Consideration of mechanisms and implications for treatment. Symposium presented at: annual meeting of Anxiety and Depression Association of America; April, 2017; San Francisco, CA.

Mathes BM, **Short NA**, Gibby B, Raines AM, Schmidt NB. Exploring the Unique Associations between Obsessive Compulsive Symptoms and Emotion Regulation Difficulties. In: BM Mathes (chair), Intolerance of Emotional Distress: A Novel Treatment Target in OCD. Symposium presented at: 23rd annual conference of the International Obsessive Compulsive Disorder Foundation; July, 2016; Chicago, IL.

Short NA, Capron DW, Raines AM, Schmidt NB. Effects of a brief, computerized intervention focusing on anxiety sensitivity cognitive concerns. In: H Boettcher (chair), Anxiety Sensitivity: A Transdiagnostic Treatment Target. Presented at: annual Association for Behavioral and Cognitive Therapies conference; October, 2016; New York, NY.

Short NA, Allan NP, Raines AM, Albanese BJ, Schmidt NB. Effects of an anxiety sensitivity intervention on posttraumatic stress symptoms: Anxiety sensitivity as a mechanism of treatment outcome. In: NP Allan (chair), Psychosocial Considerations in Interventions for Transdiagnostic Risk Factors of Anxiety. Presented at: annual Association for Behavioral and Cognitive Therapies conference; November, 2015; Chicago, IL.

Schmidt NB, **Short NA.** Posttraumatic Stress Disorder – Description and treatment options in military samples. Paper presented at: the Second International Congress on Anxiety; October, 2014; Tehran, Iran.

Short NA. Medical Cannabis Use and Demographics Study: Insomnia, problematic cannabis use, and posttraumatic stress symptoms among medical cannabis users. Presented at: 2nd annual Stanford University, Veterans Affairs Center for Health Care Evaluation and National Center for PTSD Research Assistant conference; April, 2012; Menlo Park, CA.

Poster Presentations

Pezza, M., Weese, R., Black, J., Serrano, K., McLean, S., & **Short, N. A.** (2023, November 16-19). *An Ecological Momentary Assessment Study of ASD Symptoms and Pain among Women Presenting for Emergency Care after Sexual Assault* [Poster Presentation]. Anxiety Special Interest Group, annual convention of the Association of Behavioral and Cognitive Therapies 2023, Seattle, WA.

Le, J. U., Tucker, C., Bell, E., Schmidt, N. B., & **Short, N. A.** (accepted). *Associations Between Shame, Self-Blame, and Coping-Oriented Cannabis Use among Trauma-Exposed Cannabis Users*. Poster submitted for presentation at the annual meeting of the Association of Behavioral and Cognitive Therapies (Seattle, WA).

Le, J. U., Deguzman, R., Schmidt, N. B., & **Short, N. A.** (accepted). *The Role of Rumination in Impulsivity and Cannabis-Related Problems among Weekly Cannabis Users*. Poster submitted for presentation at the annual meeting of the Association of Behavioral and Cognitive Therapies, Seattle, WA.

Christensen, K. A., Richson, B. N., **Short, N. A.**, Perko, V., & Forbush, K. T. (2022, September). Characterizing insomnia symptoms and eating disorder pathology using item response theory. Poster to be presented at Eating Disorders Research Society annual conference.

Short NA, Evans MK, Raudales AM, Shapiro M, Weiss NH, Schmidt NB. Anxiety sensitivity and cannabis use motives among trauma-exposed young adult cannabis users. Poster presented at the 55th annual convention for the Association of Behavioral and Cognitive Therapies; November, 2021; Virtual.

Burud GB, **Short NA**, Thomas R, Lechner M, Bell K, Black J, Buchanan J, Reese R, Ho J, Reed G, Platt M, Riviello R, Rossi C, Nouhan P, Phillips C, Martin SL, Liberzon I, Rauch SM, Bollen K, Kessler RC, McLean SA. Research Among Women Sexual Assault Survivors Presenting for Emergency Care is Justified: Results from a Multi-Site, Prospective Observational Cohort Study. Accepted for poster presentation at Society of Biological Psychiatry's 2021 Annual Meeting. Virtual, May, 2021.

Swain HAV, **Short NA**, McLean BS, Tungate AS, Lechner M, Bell K, Black J, Buchanan J, Reese R, Reed G, Liberzon I, Rauch SM, Kessler R, McLean SA. Increased posttraumatic stress symptoms are associated with increased substance use in sexual assault survivors during the year after sexual assault. Accepted for presentation at Society of Biological Psychiatry 2020 Annual Meeting; New York City, NY. Event cancelled due to COVID-19 pandemic.

Gullett LR, **Short, NA**, Burud G, Lechner M, Bell K, Black J, Buchanan J, Reese R, Reed G, Rossi C, Nouhan P, Phillips C, Martin SL, Liberzon I, Rauch SAM, Bollen KA, McLean SA. Psychological and physical morbidity of sexual assault among adult women students. Poster accepted for presentation at the UNC School of Medicine Center for Women's Health Research Poster Presentation; March, 2020; Chapel Hill, NC.

Short NA, An X, Ji Y, D'Anza T, Lechner M, Bell K, Black J, Buchanan J, Reese R, Ho J, Reed G, Tungate A, Bollen K, Martin S, Liberzon I, Rauch SAM, Sullivan M, McLean S. Classifying individuals with moderate or severe pain after sexual assault according to the spectrum of their physical and mental health symptoms: results from a large prospective study. Poster accepted for presentation at: International Association for the Study of Pain World Conference on Pain; August, 2020; Amsterdam, Netherlands.

Short NA, Tungate A, Lechner M, Bell K, D'Anza T, Black J, Buchanan J, Reese R, Reed G, Kleeman E, McLean SA. Pain and somatic symptoms, like posttraumatic stress symptoms, are a consequence of

traumatic stress: further evidence from a large-scale prospective cohort study of sexual assault survivors. Poster accepted for presentation at: International Association for the Study of Pain World Conference on Pain; August, 2020; Amsterdam, Netherlands.

Short NA, Lechner M, Greene S, Bell, K, Black J, Buchanan J, Reese R, Ho J, Reed G, Witkemper KD, Burud G, Gullet L, Martin SL, Liberzon I, Rauch SAM, McLean SA. Anxiety sensitivity prospectively predicts increased posttraumatic stress and related symptoms in the acute aftermath of sexual assault. Poster accepted for presentation at: annual meeting of the Anxiety and Depression Association of America; March, 2020; San Antonio, TX.

Howell A, **Short NA**, Wilkerson A, Milanak A, Rheingold A, Uhde TW. Rates of successful termination of CBT for anxiety, sleep, and co-occurring anxiety and sleep disorders in an outpatient sample. Poster presented at: 53rd annual convention for the Association of Behavioral and Cognitive Therapies; November, 2019; Atlanta, GA.

Franklin CL, Raines AM, Carroll M, Chambliss J, **Short NA**. Insomnia and posttraumatic stress: The mediating role of anxiety sensitivity. Poster presented at: annual meeting of the Anxiety and Depression Association of America; March, 2019; Chicago, IL.

Short NA, Wilkerson A, Milanak M, Uhde TW, Schmidt NB. Acceptability and tolerability of brief behavioral therapy for insomnia among at-risk cannabis users with insomnia symptoms. Poster presented at: 1st annual Society of Behavioral Sleep Medicine Scientific Conference; September, 2019; Birmingham, AL.

Short NA, Wilkerson A, Paquet C, et al. An investigation of the rate and predictors of initiating and attending Cognitive Behavioral Therapy for Insomnia after referral. Poster presented at: 33rd annual Sleep meeting; June 2019; San Antonio, TX.

Short NA, Tungate A, Novak C, et al. Clinically significant new or worsening pain is common six weeks after sexual assault: results of a large-scale cohort study. Poster presented at: American Pain Society's Scientific Meeting; April, 2019; Milwaukee, WI.

Oglesby ME, **Short NA**, Albanese BJ, Portero AK, Schmidt NB. Negative interpretations of distress-related information: A novel assessment tool for distress tolerance. Poster presented at: 52nd Annual Convention for the Association for Behavioral and Cognitive Therapies; November, 2018; Washington, D.C.

Preston TJ, **Short NA**, Raudales AM, Schmidt NB. The role of emotion regulation difficulties in anxiety response to a speech task. Poster presented at: 52nd Annual Convention for the Association for Behavioral and Cognitive Therapies; November, 2018; Washington, DC.

Raudales AM, **Short NA**, Preston TJ, Schmidt NB. Emotion dysregulation as a risk factor for future suicidal ideation in a clinical sample. Poster presented at: 52nd Annual Convention for the Association for Behavioral and Cognitive Therapies; November, 2018; Washington, DC.

Short NA, Raudales AM, Mozier E, Schmidt NB. The role of insomnia symptoms in predicting reactivity to personalized trauma script driven imagery. Poster presented at: 52nd Annual Convention for the Association for Behavioral and Cognitive Therapies; November, 2018; Washington, DC.

Stentz LA, Portero AK, **Short NA**, Oglesby ME, Schmidt NB. The interpersonal-psychological theory of suicide investigated among a clinical sample with active suicidal ideation. Poster presented at: annual meeting of the Anxiety and Depression Association of America; April, 2018; Washington, DC.

Stentz LA, **Short NA**, Oglesby ME, Portero AK, Schmidt, NB. Emotional reactivity: A potential predictor of PTSD symptoms. Poster presented at: annual meeting of the Anxiety and Depression Association of America; April, 2018; Washington, DC.

Huet A, **Short NA**, Schmidt NB, Allan NP. Anxiety Sensitivity's Predictive Role in the Daily Variability of PTSD Symptoms. Poster presented at: 51st Annual Convention of the Association for Behavioral and Cognitive Therapies; November, 2017; San Diego, CA.

Short NA, Allan NP, Stentz L, Portero AK, Schmidt NB. Predictors of insomnia symptoms and nightmares among individuals with PTSD: An ecological momentary assessment study. Poster presented at: 51st Annual Convention of the Association for Behavioral and Cognitive Therapies; November, 2017; San Diego, CA.

Raudales AM, **Short NA**, Schmidt NB. Emotion dysregulation as a prospective predictor of posttraumatic stress symptoms in a trauma-exposed clinical sample. Presented at: 38th annual meeting of the Anxiety and Depression Association of America; April, 2018; Washington, DC.

Short NA, Allan NP, Schmidt NB. Daily variations in sleep quality and efficiency predict next day positive and negative affect in individuals with PTSD. Poster presented at: annual convention of the Anxiety and Depression Association of America; April, 2017; San Francisco, CA.

King SL, **Short NA**, Schmidt NB. Effects of a Brief Anxiety Intervention on PTSD Symptoms and Aggression. Poster presented at: annual meeting of the Association for Behavioral and Cognitive Therapies; October, 2016; New York, NY.

Boffa JW, Norr AM, **Short NA**, Amir N, Schmidt NB. Validation of the Word Sentence-Association Paradigm for PTSD Self-Report Measure. Poster presented at: annual meeting of the Association for Behavioral and Cognitive Therapies; October, 2016; New York, NY.

Short NA, Fuller K, Norr, AM, Schmidt, NB. Acceptability of a brief computer-based intervention targeting anxiety sensitivity cognitive concerns. Poster presented at: annual Association for Behavioral and Cognitive Therapies conference: October, 2016; New York, NY.

Bujarski S, Banducci A, Galang J, **Short NA**, Bonn-Miller MO. Evaluating barriers and facilitators to cannabis use disorder treatment among veterans with co-occurring PTSD. Poster presented at: 31st annual meeting of the International Society for Traumatic Stress Studies; November, 2015; New Orleans, LA.

Allan NP, Oglesby ME, **Short NA**, Schmidt NB. Examining the panic attack specifier in social anxiety disorder. Poster presented at: annual Association for Behavioral and Cognitive Therapies conference; November, 2015; Chicago, IL.

Raines AM, Oglesby ME, Allan NP, **Short NA**, Schmidt NB. Examination of a triple vulnerability model of hoarding. Poster presented at: annual Association for Behavioral and Cognitive Therapies conference; November, 2015; Chicago, IL.

Albanese BJ, Allan NP, Boffa JW, **Short NA**, et al. Disengaging from threat: Anxiety sensitivity as a mediator between attentional control deficits and post-traumatic stress symptoms. Poster presented at: annual meeting of the Association of Behavioral and Cognitive Therapies; November, 2015; Chicago, IL.

Oglesby ME, Boffa JW, **Short NA**, Raines AM, Albanese BJ, Schmidt NB. Intolerance of uncertainty as a predictor of post-traumatic stress symptoms following a traumatic event. Poster presented at: annual meeting of the Association of Behavioral and Cognitive Therapy; November, 2015; Chicago, IL.

Boffa JW, Norr AM, Raines AM, Albanese BJ, **Short NA**, Schmidt NB. Pre-trauma anxiety sensitivity interacts with trauma exposure to predict posttraumatic stress symptoms. Poster presented at: annual meeting of the Association of Behavioral and Cognitive Therapy; November, 2015; Chicago, IL.

Short NA, Oglesby ME, Raines AM, Boffa JW, Schmidt NB. An initial investigation of the relationship between experiential avoidance and insomnia symptoms. Poster presented at: annual meeting of the Association of Behavioral and Cognitive Therapy; November, 2015; Chicago, IL.

Portero AK, Raines AM, **Short NA**, Oglesby ME, Schmidt NB. Traumatic life events and hoarding: The mediating role of emotion dysregulation. Poster presented at: annual meeting of the Anxiety and Depression Association of America; April, 2015; Miami, FL.

Boffa JW, Norr AM, Albanese BJ, Oglesby ME, **Short NA**, Schmidt NB. Core features of clinical disorders contribute to test anxiety. Poster presented at: annual meeting of the Anxiety and Depression Association of America; April, 2015; Miami, FL.

Oglesby ME, **Short NA**, Raines AM, Schmidt NB. Intolerance of uncertainty as a mediator of worry and insomnia. Poster presented at: annual Anxiety and Depression Association of America conference; April, 2015; Miami, FL.

Ennis C, **Short NA**, Taylor J, Joiner T. The role of sleep disturbances in self-injurious behavior. Poster presented at: annual Anxiety and Depression Association of America conference; April, 2015; Miami, FL.

Short NA, Oglesby ME, Boffa JW, Raines AM, Schmidt NB. Emotion dysregulation and posttraumatic stress symptoms: the mediating role of experiential avoidance. Poster presented at: annual Anxiety and Depression Association of America Conference; April, 2015; Miami, FL.

Short NA, Allan NP, Raines AM, Schmidt NB. Effects of an anxiety sensitivity intervention on insomnia. Poster presented at: 2014 Special Operations Medical Association Scientific Assembly; December, 2014; Tampa, FL.

Durmaz DA, Norr AM, **Short NA**, Schmidt NB. An examination of the relationship between perceived self-efficacy and symptoms of posttraumatic stress disorder. Poster presented at: 48th annual meeting of the Association of Behavioral and Cognitive Therapies; November, 2014; Philadelphia, PA.

Portero AK, Raines AM, **Short NA**, Schmidt NB. Cognitive processes in hoarding: The effects of rumination. Poster presented at: 48th annual meeting of the Association for Behavioral and Cognitive Therapies; November, 2014; Philadelphia, PA.

Oglesby ME, Capron DW, Raines AM, **Short NA**, Schmidt NB. Interpretation bias for uncertain threat: A replication and extension. Poster presented at: 48th annual meeting of the Association of Behavioral and Cognitive Therapies; November, 2014; Philadelphia, PA.

Short NA, Raines AM, Oglesby ME, Zvolensky MJ, Schmidt NB. Insomnia and emotion dysregulation: Independent and interactive predictors of PTSD symptoms among trauma-exposed smokers. Poster presented at: 48th annual meeting of the Association of Behavioral and Cognitive Therapies; November, 2014; Philadelphia, PA.

Portero AK, Raines AM, **Short NA**, Unruh AS, Schmidt NB. An initial investigation of the relationships between insomnia and hoarding severity. Poster presented at: annual Anxiety and Depression Association of America Conference; March, 2014; Chicago, IL.

Short NA, Mitchell MA, Raines AM, Schmidt NB. Postconcussive and PTSD symptoms: Evaluating the moderating role of distress tolerance. Poster presented at: annual Anxiety and Depression Association of America Conference; March, 2014; Chicago, IL.

Short NA, Cronkite R, Moos R, Timko C. Gender differences in Al-Anon members: Demographics, goals of participation, and personal functioning. Poster presented at: 36th annual meeting of the Research Society on Alcoholism; June, 2013; Orlando, FL.

Farris SG, **Short NA**, Bonn-Miller MO, Zvolensky MJ. Maladaptive expectations and motives for cannabis use among veterans: The impact of affective distress. Poster presented at: 33rd annual meeting of the Anxiety and Depression Association of America; April, 2013; La Jolla, CA.

Farris SG, **Short NA**, Bonn-Miller MO, Zvolensky MJ. The impact of panic and depressive symptoms on cannabis-related problems and lapse and relapse among cannabis dependent veterans. Poster presented at: 33rd annual meeting of the Anxiety and Depression Association of America; April, 2013; La Jolla, CA.

Short, NA, Babson, KA, Boden, MT, Bonn-Miller, MO. The interaction of sleep quality and problematic cannabis use in terms of posttraumatic stress symptom severity. Poster presented at: 28th annual meeting of the International Society for Traumatic Stress Studies; November, 2012; Los Angeles, CA.

Short NA, Babson KA, Boden MT, Bonn-Miller MO. The interaction of sleep quality and problematic cannabis use in terms of posttraumatic stress symptom severity. Poster presented at: 46th annual meeting of the Association for Behavioral and Cognitive Therapies; November, 2012; National Harbor, MD.

Media Interviews, Quotes, and Coverage

Television

2023 Local news (Channel 8) segment published March 15, 2023 “[UNLV expert discusses when to seek help for sleep problems](#)”

Print/Web

2019 MedPageToday article published April 07, 2019 “Pain Persistent after Sexual Assault”

2018 Medscape Medical News article published July 23, 2018 “Areas of Higher Latitude Tied to Elevated OCD Risk”

Teaching Activities

Research Mentorship**Undergraduate Student or Recent Postbaccalaureate****Current**

Brooklynn Brown, Psychology, UNLV (2023-present)

Emma Domschot, Psychology, UNLV (2023-present)

Natalie Chisam, Psychology, UNLV (2023-present)

Kaathya Kashyap, Neuroscience, UNC Summer Undergraduate Research Fellow (SURF) 2021, NIMH Summer Internship Program awardee (2022), UNC-CH (2020-present)

Kara Petitt, Psychology, UNC-CH (2022-present)

Esmerelda Ramirez, Psychology, UNLV (2023-present)

Former

Emily Bell, UNC-CH (2022-present); currently: UNC-CH senior

Mahlon Brady, UNC-CH (2021-2022); currently: English teacher in Spain

Grace Burud, UNC-CH (2020-2021); currently: Orange County EMT

Rebecca Dasema, UNC-CH (2021-2023); currently: MPH candidate at UNC-CH

Mariah Evans, UNC-CH (2019-2020); currently: Clinical Research Specialist, Duke University Traumatic Stress and Health Research Lab

Chenoah Hassan, UNC-CH (2022-2023); currently: MSW candidate at UNC-CH

Dorothy (Jenny), UNC-CH (2022-2023); currently: Research Assistant in Maternal-Fetal Medicine at UNC-CH

Riya Thomas, UNC-CH 2020-2022; currently: Research Assistant for the Clinical Addictions Research Lab at the University of Chicago

Cecelia Tucker, UNC-CH (2022-2023); currently: residential treatment facility in NC

Former Medical Student

Heather Swain, First Year Medical Student, UNC-CH, Carolina Medical Student Research fellow (Summer, 2021)

Bryan Obika, First Year Medical Student, UNC-CH (2021-2022)

Claire McLaughlin, Second Year Medical Student, UNC-CH (2020-2021)

James (Bailey) Sanford, Second Year Medical Student, UNC-CH (2019-2022)

Service on Thesis and Dissertation Committees*Undergraduate Honor's Thesis Committee*

Student: Mahlon Brady, BA (2022)

Title: The Impacts of Maternal Dark Traits on Infant Temperament; How this Relationship is Moderated by Maternal Mindfulness

Role: Committee Member

Instructional*Undergraduate Student Teaching*

2023 PSY 341 Abnormal Psychology (January, 2023-May, 2023, class of 35 undergraduate students, 16 weeks, virtual), Department of Psychology, University of Nevada, Las Vegas.

2021-2022 NSCI 395 Independent Research – Instructor (January 2021-May 2021; January 2022-May 2022, 1 student per semester), Department of Neuroscience, University of North Carolina at Chapel Hill

2016 CLP 4143 Abnormal Psychology – Course Director (August, 2016-December, 2016, class of 220 undergraduate students, 16 weeks), Department of Psychology, Florida State University.

2013-2018 DIS: PSY 4911-4914 Directed Individual Study – Supervisor (August 2014-August 2015) and Instructor (15-25 undergraduates), Department of Psychology, Florida State University.

Guest Lecturing

- 2023 NURS 785 Research Seminar Elective in Nursing – Guest Lecturer (Spring, 2023), class of doctoral students. “PTSD and SUD Prevention after Sexual Assault: A Translational Approach.” School of Nursing, University of Nevada, Las Vegas.
- 2022 MHCH 626 Violence as a Public Health Issue – Guest Lecturer (Spring, 2022), class of 34 undergraduate, master’s, and doctoral students. “Secondary Preventions for Women Recently Experiencing Sexual Assault.” Department of Maternal and Child Health, Gillings School of Global Public Health, University of North Carolina at Chapel Hill.
- 2016 CLP 4143 Abnormal Psychology – Guest Lecturer, classes of 70-220 undergraduate students. “Introduction to Personality Disorders and Cluster A Personality Disorders;” “Introduction to Psychopathology and Anxiety Disorders;” “Introduction to Personality Disorders, Antisocial Personality Disorder & Psychopathy.” Department of Psychology, Florida State University

Clinical Supervision

UNLV Stress, Trauma, and Anxiety Research (STAR) Clinic,
University of Nevada, Las Vegas

Fall 2023-

Provided supervision to clinical psychology doctoral students providing outpatient psychotherapy for trauma and anxiety-related disorders.

The Partnership for Research, Assessment, Counseling, Therapy and Innovative Clinical Education (PRACTICE), University of Nevada, Las Vegas

Fall 2022-Spring 2023

Provided supervision to clinical psychology doctoral students providing outpatient psychotherapy.

Project Yes, LLC

Summer, 2021

Provided supervision to clinical psychology doctoral student providing outpatient cognitive behavioral therapy for depression and anxiety.

Clinical Experience**Director**

August 2023 –

UNLV Stress, Trauma and Anxiety Research (STAR Clinic)
University of Nevada, Las Vegas

Attending Psychologist

October 2021 – August 2022

UNC Pain Management Center
UNC Chapel Hill, Chapel Hill, NC

Duties: Conducts outpatient pain psychology assessments (including assessments evaluating suitability for spinal cord stimulators, opioid maintenance, as well as general psychosocial/coping skills assessments), and provides individual and group psychotherapy including cognitive behavioral therapy for chronic pain, insomnia, posttraumatic stress disorder, anxiety, and depression. Consults with pain physicians and advises residents regarding treatment plans.

Postdoctoral Fellow

August 2019 – July 2021

UNC Pain Management Center
UNC Chapel Hill, Chapel Hill, NC

Supervisors: Amy Goetzinger, Ph.D., Seema Patidar, Ph.D., Skye Margolies, Ph.D.

Postdoctoral Fellow

Project Yes, LLC
Durham, NC

January 2019 – July 2021

Supervisor: Tatyana Kholodkov, Ph.D.

Psychology Intern

August 2018 – August 2019

MUSC: Sleep and Anxiety Treatment and Research Program and Weight Management Center; VA: PTSD Clinical Team, CBT Clinic

Medical University of South Carolina and Ralph H. Johnson VAMC, Charleston, SC

Supervisors: Allison Wilkerson, Ph.D., Melissa Milanak, Ph.D., Ursula Myers, Ph.D., Rachel Levine, Ph.D., Patrick O'Neil, Ph.D.

Duties: Provided outpatient and inpatient individual and group assessment and treatment. Examples of specific treatments provided include Prolonged Exposure, Cognitive Behavioral Therapy for Depression (CBT-D), CBT for Insomnia (CBT-I), Behavioral Activation (BA), CBT for various anxiety disorders, and behavioral weight management.

Assistant Director

July 2016 – July 2018

Anxiety and Behavioral Health Clinic, Tallahassee, FL

Supervisor: Norman B. Schmidt, Ph.D.

Duties: Provide clinical supervision and client monitoring for graduate student therapists; train therapists and research assistants on administration and scoring of the SCID; supervise research assistants; lead recruitment and outreach efforts of the clinic; serve as liaison between clinic and the University/broader Tallahassee community.

Psychological Trainee

August 2014 – August 2016

Florida State University Psychology Clinic, Tallahassee, FL

Supervisors: Jesse R. Cogle, Ph.D., Kimberly Driscoll, Ph.D., Thomas Joiner, Ph.D. Therese S. Kemper, Ph.D., Norman B. Schmidt, Ph.D.

Anxiety Disorders Specialist

August 2013 – July 2018

Anxiety and Behavioral Health Clinic, Tallahassee, FL

Supervisor: Norman B. Schmidt, Ph.D.

Clinical Workshops and Training

Prolonged Exposure (PE) 3 Day Workshop led by Stephanie Keller, Ph.D., Brian Lozano, Ph.D., Ursula Myers, Ph.D., and Bethany Wangelin, Ph.D., August 2018

Medical University of South Carolina/Ralph H. Johnson Veterans Affairs Medical Center

Prolonged Exposure (PE) to Treat PTSD 2 Day Workshop led by Kevin Holloway, Ph.D. (Center for Deployment Psychology), June, 2016

Tallahassee Community College, Tallahassee, FL

Motivational Interviewing 1.5 Day Basic Skills Workshop led by Therese Kemper, Ph.D. (MINT trainer), July 2015

Florida State University, Tallahassee FL

Behavioral Activation Treatment Training led by Carl Lejuez, Ph.D., December, 2014

Florida State University Psychology Clinic, Tallahassee FL

Professional Service

To the Community

Executive Committee Member, Hope Advocacy Training for Domestic Violence Advocates, Clark County, NV

To the University

Committee Member and 2023 Conference Co-Organizer, Interprofessional Education Day, University of Nevada, Las Vegas

To the Discipline

Executive Committee Member, Better Tomorrow Network (nationwide sexual assault research network)

Social Networking Committee

Association of Behavioral and Cognitive Therapies (ABCT)

2018 – 2019 Member of the Facebook content team. Posts on ABCT's Facebook page weekly to provide content (e.g., articles, photos, other media) with the goal of disseminating accurate information about cognitive behavioral therapy and promoting community involvement with ABCT.

Conference Reviewing

Association for Behavioral and Cognitive Therapies (ABCT), 2023

International Society for Traumatic Stress Studies (ISTSS), 2021-2023

Grant Reviewing

Peer Reviewer, Addictions Risk and Mechanisms, National Institutes of Health, February, 2023.

Peer Reviewer, Military Operational Medicine Research Program (MOMRP): Sleep and Performance, FY21; Psychological Health Intervention, FY22.

Peer Reviewer, Behavioral, Cognitive and Psychological - Therapy (BCP-T) Traumatic Brain Injury and Psychological Health Research Program (TBIPHRP) for the Department of Defense (DOD) Congressionally Directed Medical Research Programs (CDMRP), FY21.

Early Career Reviewer, Interventions to Prevent and Treat Addictions Study Section, National Institutes of Health, October, 2022.

Peer Reviewer, Traumatic Brain Injury and Psychological Health Research Program (TBIPHRP) for the Department of Defense Congressionally Directed Medical Research Programs (CDMRP), FY 22.

Journal Editing

Behaviour Research and Therapy, Associate Editorial Board, 2021 –

Ad Hoc Journal Reviewing (last 5 years)

Addictive Behaviors, Behavior Therapy, American Journal of Psychiatry, Behavioral Medicine, Behavioral Sleep Medicine, Behaviour Research and Therapy, Clinical Psychology Review, Journal of Affective Disorders, Journal of Anxiety Disorders, Journal of Consulting and Clinical Psychology, Journal of Psychiatric Research, Journal of Traumatic Stress, New England Journal of Medicine, Psychiatric Research, Psychology of Addictive Behaviors, Sleep, Sleep Medicine Reviews, Substance Use & Misuse.